



## Trail-Running SABS

DIA	HORA	RUNNING	RUTA	KM	KM. TOTAL
03/05/2011	2/4 9 Ves.	10		10	10
12/05/2011	2/4 9 Ves.	10		10	20
17/05/2011	2/4 9 Ves.	10		10	30
26/05/2011	1/4 9 Ves.	10		10	40
29/05/2011	7 matí		20	20	60
			TOTAL		60

## Trail-Running SABS

DIA	HORA	RUNNING	RUTA	KM	KM. TOTAL
07/06/2011	2/4 9 Ves.	10		10	10
13/06/2011	8 Matí	21		21	31
16/06/2011	2/4 9 Ves.	10		10	41
21/06/2011	2/4 9 Ves.	10		10	51
22/06/2011	2/4 9 Ves.	10		10	61
26/06/2011	8 Matí	16		16	77
27/06/2011	2/4 9 Ves.	10		10	87
29/06/2011	2/4 9 Ves.	10		10	97
			TOTAL		97

## Trail-Running SABS

DIA	HORA	RUNNING	RUTA	KM	KM. TOTAL
03/07/2011	2/4 5 Matí.		26	10	10
04/07/2011	2/4 9 Ves.	10		21	31
06/07/2011	2/4 9 Ves.	10		10	41
11/07/2011	2/4 9 Ves.	10		10	51
13/07/2011	2/4 9 Ves.	10		10	61
18/07/2011	2/4 9 Ves.	10		16	77
20/07/2011	2/4 9 Ves.	10		10	87
25/07/2011	2/4 9 Ves.	10		10	97
27/07/2011	2/4 9 Ves.	10	TOTAL		97

## Trail-Running SABS

DIA	HORA	RUNNING	RUTA	KM	KM. TOTAL
06/09/2011	2/4 9 Ves.	10		10	10
15/09/2011	2/4 9 Ves.	10		10	20
20/09/2011	2/4 9 Ves.	10		10	30
29/09/2011	2/4 9 Ves.	10		10	40
			TOTAL		40